

Expanding Your Awareness of the Sacred in Everyday Life

There is a genuine need on the planet right now for connection, hope, and a move toward a greater awareness of good. This book is a guide for those who are seeking an awakening of that awareness, and a way to expand it to encompass every moment of their lives.

Through narrative and simple exercises, *Making Every Day Sacred* (written under the pen name, Morning Star) provides a guide for a journey of becoming mindful of the interconnectedness and sacredness of every moment's experience. Life is meant to be easy and joyful, and it can be, even in the midst of the whirlwind of information and activity that the modern world is.

Culling from sources as diverse as quantum physics, religion, and personal experience, *Making Every Day Sacred* gives insights and lessons about oneness, communication, working with energy, and healing. Although it is an easy read with simple to understand exercises, this book will lead you to explore ever deeper levels of illumination: You will learn different lessons at different stages on your path.

This is not the only way to expand your awareness of the Sacred. Rather, it is the sharing of a map made by someone on a spiritual path who has learned some lessons and gathered some information that may be helpful to fellow travelers. It is presented in the hope that you will gain insight into your own process of enlightenment and by moving through that process, you will share those insights with others.

By continually expanding your awareness of the Sacred in your daily life, you can contribute to the global shift in consciousness that will lead to peace and serenity for us all.

Currently available as an ebook on [Amazon](#). Look for a new print version soon!

NEW! Making Every Day Sacred Workshop

Facilitated by Danika Nadzan and Kenn Lyon. \$55/person, 4-hour workshop.

This workshop is an interactive experience in a fluid structure. Each workshop is a

unique experience. The exact content will vary depending on the participants and on which aspects of the Sacred become the focus. You will be encouraged to stretch beyond your current perspectives. Come prepared to have fun and be open to new experiences. You'll meet some great people and go away feeling good about yourself and your life. **Based on the companion ebook on [Amazon](#).**

Main Topics include:

- **Oneness** - Our interconnectedness with all of Creation
- **Communication** - Pathway to connection with the Universe
- **Energy** - Tapping into the Power Source of the Universe
- **Healing** - Active energy promoting transformational change
- **Guides** - Recognizing and receiving guidance
- **The Next Step** - See what unfolds!

For more information, or to schedule a workshop, please email me at MountainStar57@gmail.com or call 423-707-7831.